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# RACHEL LOUISE MORAN

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## Education

Ph.D. in History and Women's Studies / The Pennsylvania State University / 2013

M.A. in History and Women's Studies / The Pennsylvania State University / 2008

B.A. in History and Women's Studies; minor in English and Textual Studies / Syracuse University / 2006

## Academic Employment

2025-Present	Professor, Texas A&M University, History
2025	Professor, University of North Texas, History
2021-2025	Associate Professor, University of North Texas, History
2017-2021	Assistant Professor, University of North Texas, History
2014-2017	Lecturer, University of North Texas, History
2013-2014	Post-Doctoral Teaching Fellow, Pennsylvania State University, History

## Publications

### Books

*Blue: A History of Postpartum Depression in America*. University of Chicago Press, 2024.

Shortlisted for the 2026 George Rosen Prize, American Association for the History of Medicine

Shortlisted for the 2026 William H. Welch Medal, American Association for the History of Medicine

Audiobook published in 2025, Tantor Media

Japanese translation rights, Seidosha

Chinese translation rights, Shanghai Translation Publishing House

Reviewed in: American Historical Review, Choice, Contemporary Sociology, Current, Journal of Social History, Library Journal (starred review), MedHum.org, The New Yorker, Publisher's Weekly, Science, USIH-blog

*Governing Bodies: American Politics and the Shaping of the Modern Physique*. University of Pennsylvania Press, Politics & Culture in Modern America series, 2018.

Reviewed in: American Historical Review, Bulletin of the History of Medicine, Choice, Fat Studies, Graduate Association for Food Studies, Journal of American History, History: Reviews of New Books, Journal of American Studies, Journal of Social History, Western Historical Quarterly

### Articles and Book Chapters

"Perk Up Your Looks and You Along with It': Postpartum Depression and the Body in 1980s and 1990s US Self Help Books," *Social History of Medicine*, forthcoming 2026. <https://doi.org/10.1093/shm/hkaf103>

"The Politics of Penetration: Sexual Self-Fulfillment and the 'G-Spot' in 1980s America," *Journal of the History of Sexuality* 34 (September 2025): 418-445. <https://doi.org/10.1353/sex.00034>

"Spitting on My Sources: Depression, DNA, and the Ambivalent Historian," *Journal of the History of the Behavioral Sciences* 55 (Fall 2022): 449-458. <https://doi.org/10.1002/jhbs.22219>

- "A Women's Health Issue?: Framing Post-Abortion Syndrome in the 1980s," *Gender & History* 33 (October 2021): 790-804. <https://doi.org/10.1111/1468-0424.12554>
- "Gender, Sexuality, and the State," co-authored with Jennifer Mittelstadt, in *Companion to American Women's History*, 2nd ed., Ed. Nancy A. Hewitt and Anne Valk, Wiley Blackwell Press, 2021, 279-298.
- "Fears of a Nanny State: Centering Gender and Family in the Political History of Regulation," in *Shaped by the State: Toward a New Political History of the 20th Century*, Ed. Brent Cebul, Lily Geismer, and Mason Williams, University of Chicago Press, 2019.
- "Weighing in about Weight: Advisory Power in the Bureau of Home Economics," in *Remaking Home Economics: Resourcefulness and Innovation in Changing Times*, Ed. Sharon Y. Nikols and Gwen Kay, Athens, Georgia: University of Georgia Press, 2015.
- "Consuming Relief: Food Stamps and the New Welfare of the New Deal," *Journal of American History* 76, (March 2011): 1001-1022. <https://doi.org/10.1093/jahist/jaq067>

### **Book Reviews**

- Review of Hannah Zeavin, *Mother Media: Hot and Cool Parenting in the Twentieth Century*, in *Journal of the History of the Behavioral Sciences* 61, no. 4 (September 2025).
- Review of Beth Linker, *Slouch: Posture Panic in Modern America*, in *Medical History* 69, no. 2 (April 2025): 333-334.
- Review of Ava Purkiss, *Fit Citizens: A History of Black Women's Exercise from Post-Reconstruction to Postwar America*, in the *Journal of American History* 111, no. 2 (September 2024): 369-370.
- Review of Xaq Frohlich, *From Label to Table: Regulating Food in America in the Information Age*, in *California History* 101, no. 2 (Summer 2024): 88-90.
- Review of Christopher E. Forth, *Fat: A Cultural History of the Stuff of Life*, in *Medical History* 64, no. 1 (January 2020): 144-145.
- Review of Edward Berkowitz and Larry DeWitt, *The Other Welfare: Supplemental Security Income and U.S. Social Policy*, in *Business History Review* 90, no.2, (Summer 2016): 380-382.
- Review of Ira Katznelson, *Fear Itself: The New Deal and the Origins of Our Time*, in *Journal of American Studies* 48, no. 2, (May 2014): 657-658.
- Review of Dona Brown, *Back to the Land: The Enduring Dream of Self-Sufficiency in Modern America*, in *Journal of American Studies* 46, Special Issue 2, (May 2012): E40.

### **Research Fellowships and Grants (external)**

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|-----------|--|
| 2024-2025 | Travel Grant, American Heritage Center, University of Wyoming. \$750   |
| 2019-2021 | National Science Foundation Scholars Award; Science, Technology and Society Program. Award 1849533. (Sole PI). \$162,000.                        |
| 2017      | Fellowship in the History of American Obstetrics and Gynecology, The American College of Obstetricians and Gynecologists. \$5000.                |
| 2017      | Lillian Sholtis Brunner Fellowship, Barbara Bates Center for the Study of the History of Nursing, University of Pennsylvania. \$2200.            |
| 2013-2014 | Short-Term Postdoctoral Fellow, German Historical Institute. \$9000.   |
| 2011-2012 | Charlotte W. Newcombe Doctoral Dissertation Fellow, Woodrow Wilson Foundation. \$20,000.   |
| 2011-2012 | Miller Center Fellowship in Politics and History (now Jefferson Scholars program), Miller Center for Public Affairs, University of Virginia.     |
| 2012      | Emerging Scholars Fellowship, University of Georgia, Home Economics: Classroom, Corporate, and Cultural Interpretations Revisited.               |
| 2011      | National Science Foundation Doctoral Dissertation Research Improvement Grant, Science, Technology, and Society Program. Award 1057527. \$10,000. |
| 2011      | History of Science Society travel grant, National Science Foundation.  |

- 2010 Dean's Fellowship in the History of Home Economics, Cornell University.  
 2010 Eisenhower Presidential Library, archival research grant.

### **Research Fellowships and Grants (internal)**

- 2026 Glasscock Internal Faculty Residential Fellowship, TAMU (Fall 2026)  
 2023 Small Grant, College of Liberal Arts and Social Sciences, UNT.  
 2022 Scholarly and Creative Activity award, College of Liberal Arts and Social Sciences, UNT.  
 2022 Faculty Development Leave, UNT  
 2021 Internal Nomination for NEH Summer Stipend, UNT.  
 2021 Creative and Research Enhancement Activity Time for Engagement grant, UNT.  
 2018 Internal Nomination for NEH Summer Stipend, UNT.  
 2016 Research Seed Grant, Research and Economic Development office, UNT  
 2010-2011 The Crawford Family Fellowship in Ethical Inquiry, Pennsylvania State University.  
 2011 Women's Studies Outstanding Graduate Student Award, Pennsylvania State University.  
 2010 Rock Ethics Institute Fellowship, Pennsylvania State University.  
 2005-2006 Pan Am 103 Remembrance Scholar, Syracuse University.

### **Public-Facing Writing**

- "How Celebrities Changed America's Postpartum Depression Narrative," *Time* magazine, November 15, 2024.  
<https://time.com/7134456/celebrity-postpartum-depression-cardi-b/>  
 "Rachel Louise Moran's 'Blue,'" *The Page 99 Test*, October 31, 2024.  
<https://page99test.blogspot.com/2024/10/rachel-louise-morans-blue.html>  
 "Making Sense of Postpartum Politics: Blue: A History of Postpartum Depression in America," *The Last Taboo of Motherhood* blog, September 30, 2024. <https://www.ltomhistory.org/post/rachel-moran-making-sense-of-postpartum-politics-blue-a-history-of-postpartum-depression-in-ame>  
 "An Intimate Numbers Game: Histories of Quantifying Pelvic Floor Strength," *Nursing Clio*, May 29, 2024.  
<https://nursingclio.org/2024/05/29/an-intimate-numbers-game-histories-of-quantifying-pelvic-floor-strength/>  
 "The Best-Fed Baby," *H-Nutrition* series on "Figures," September 16, 2019. <https://networks.hnet.org/node/134048/discussions/4386939/draftsubmission-figures>  
 "Openness and Authority in Pregnancy: Lucy Knisley's Kid Gloves," *Nursing Clio*, May 29, 2019.  
<https://nursingclio.org/2019/05/29/openness-and-authority-in-pregnancy-lucy-knisleys-kid-gloves>  
 "Pharmacological Innovation and the Desire to Simplify Postpartum Depression," *Nursing Clio*, April 16, 2019.  
<https://nursingclio.org/2019/04/16/pharmacological-innovation-and-the-desire-to-simplify-postpartum-depression>  
 "Body Building as Social Welfare: How the Language of Weight Justified the Civilian Conservation Corps," *Food, Fatness, Fitness: Critical Perspectives*, September 1, 2018. <http://foodfatnessfitness.com/2018/09/01/body-building-civilian-conservation-corps>  
 "Why American Policy is Leaving Millions Hungry," *Washington Post*, August 7, 2018.  
<https://www.washingtonpost.com/news/made-by-history/wp/2018/08/07/why-american-policy-is-leaving-millions-hungry>  
 "The Inaccurate and Dangerous Premise of the GOP Farm Bill," *History News Network (HNN)*, May 18, 2018.  
<https://historynewsnetwork.org/article/169069>  
 "Change We Need? Why the Name of the President's Fitness Council Matters," *Nursing Clio*, May 8, 2018.  
<https://nursingclio.org/2018/05/08/change-we-need-why-the-name-of-the-presidents-fitness-council-matters>  
 "Selling American Vigor: The Cold War and the President's Council on Physical Fitness," *Process: A Blog for American History*, February 13, 2018. <http://www.processhistory.org/moran-selling-american-vigor/>

"Don't Eat That, Eat This: The Troubled History of Food Stamps and Nutrition," *Nursing Clio*, June 23, 2015.

<http://nursingclio.org/2015/06/23/health-welfare-and-food-stamp-politics/>

"The Nanny State on Your Plate?," *Nursing Clio*, December 18, 2014. <http://nursingclio.org/2014/12/18/the-nanny-state-on-your-plate/>

"Making Perfect Children: Baby Shows and Height-Weight Charts in Early 20th Century America," *The Ultimate History Project*, March 22, 2013.

[https://ultimatehistoryproject.com/uploads/3/5/0/1/35012707/issue\\_4.pdf](https://ultimatehistoryproject.com/uploads/3/5/0/1/35012707/issue_4.pdf)

"Food Stamps: As American as Apple Pie," *Riding the Tiger: The Miller Center Elections Blog*, February 2, 2012.

"100 Years of Counting Calories," *The Ultimate History Project*, April 25, 2012.

### **Oral History Collections**

"Postpartum Depression and Maternal Mental Health Oral History Project," 32 interviews conducted by me with transcripts available, UNT Oral History Program, <https://oralhistory.unt.edu/interviewers/rachel-louise-moran> - Interviews conducted between 2019-2023.

### **Conference Presentations and Invited Talks**

Roundtable, "Sexual Knowledge, Medical Power: A Roundtable on Reframing the History of Sexology," American Association for the History of Medicine, June 2026.

Roundtable, "Mad Mothers and Troubled Children: Historicizing Today's Mental Health Crisis through the Lens of Race and Gender," American Historical Association, January 2026.

"Voices of Change: A Conversation on Postpartum Mental Health," University of California at Santa Barbara Center for Feminist Futures, April 2025.

"Postpartum Professionals: Psychology, Gender, and Advocacy in the 1980s-1990s," American Association for the History of Medicine, May 2024.

"The Politics of the Personal in US Postpartum Depression Activism," invited workshop on *Health is Politics*, University of Houston, April 2024.

"Postpartum Professionals in the 1980s," invited workshop on *Women, Reproduction and Mental Illness in the 'Long' Twentieth Century*, University of Warwick, United Kingdom, April 2024.

"'We Sense Entrapment': Postpartum Depression and The Women's Health Movement," 4S (Society for Social Studies of Science), November 2023.

"Not a Political Issue: Debating Postpartum and Post-Abortion Depressions, 1988-2010," American Association for the History of Medicine, May 2023.

"Retail Therapy, Not Psychotherapy: Managing the Baby Blues, 1945-1965," The Southern Association for the History of Medicine and Science, March 2023.

"The Baby Blues and the Baby Boom," University of North Texas Postwar Faculty Colloquium, April 2022.

"The Golden Age of Postpartum Psychosis," The Southern Association for the History of Medicine and Science, March 2022.

"Spitting on My Sources, or, A Depressing DNA Test," Archival Kismet 2021: Silence or Screams? Archives of Race, Gender, & Sexuality, University of Mississippi, December 2021.

"As Natural as Childbirth: Postpartum Depression and Feminism in the 1970s," American Association for the History of Medicine, May 2021.

"First, You Need a Task Force: Politicizing Postpartum Support Groups in the 1980s," The Southern Association for the History of Medicine and Science, March 2021

"'A New-Woman Post-Feminist Idea': Consumer Activism and Postpartum Depression in the 1980s," Critical Conversations on Reproductive Health/Care: Past, Present, and Future, Johns Hopkins University symposium, February 2021

"The Most Natural of Human Activities: Ideologies of Motherhood in Post-Abortion Syndrome," The Berkshire Conference on the Histories of Women, Gender, and Sexualities, May 2020. [cancelled for COVID-19]

“The Invention of Post-Abortion Syndrome and the Politics of Women’s Mental Health,” Symposium on Health, Healing, and Caring, May 2020.

“Good Adjustment?: Negotiating Postpartum Depression in the Women’s Health Movement,” Organization of American Historians, April 2020. [cancelled for COVID-19]

“An Insane Arrangement: The Politics of Motherhood and Madness in 1970s Feminism,” University of North Texas Postwar Faculty Colloquium, March 2020. [cancelled for COVID-19]

“In the Formative Stages: Inventing Post-Abortion Syndrome in the 1980s,” Society for U.S. Intellectual History, November 8, 2019.

“A Medical Syndrome That Does Not Exist,” UNT History Department Faculty Research Series, October 2019.

“Psychology and the Surgeon General: Post-Abortion Syndrome and the Culture Wars,” University of North Texas Postwar Faculty Colloquium, March 2019.

“He Cannot Confine His Interests Solely to the Pelvic Outlet: The Rise of Psychiatric Screening in Obstetrical Practice, 1955-1995,” American Association for the History of Medicine, May 2018.

“‘Emotionally Efficient Motherhood’: Managing Maternal Emotion in Mid-Century America,” Dallas Area Social History Group, April 2018.

“No Free Man Can Admire the Soviet System: American Physical Fitness in the Cold War,” University of North Texas Postwar Faculty Colloquium, April 2018.

“From Lactational Insanity to the Baby Blues: Calibrating the Normal Postpartum in 20th Century America,” Drexel University, Science Technology and Society Works in Progress series, March 2018.

“The Uses of Personhood: Negotiating Social Welfare and Definitions of Dependence,” The Berkshire Conference on the Histories of Women, Gender, and Sexualities, June 2017.

“The Physiological Impossibility of Aid: The Politics of Pregnancy and Poverty in the Late 20th Century,” Policy History Conference, June 2016.

Panelist, “Outsiders Within: The Precarious Nature of Now,” National Women’s Studies Association, November 2015.

“A National Nanny?: Health Care Policy and the Gender of Government, 1965-2000,” Minding the Field: Exploring and Expanding Women’s and Gender Studies in North Texas symposium, University of Texas at Arlington, October 2015.

“Queering the Nanny State: Metaphors of APD and their Consequences,” Seeing Beyond the Partisan Divide symposium, The Miller Center at the University of Virginia, October 2015.

“Embodied Assistance: Pregnancy, Lactation, and Food Welfare in the 1970s,” Moral Cultures of Food: Past and Present, North Texas, April 2015.

“The Poor Cannot be Trusted: Nutrition and Pregnancy in the American Welfare State,” German Historical Institute, June 2014.

“Eat Less, Be More: Hunger, Malnutrition, and Food Welfare Policy in the 1970s,” Policy History Conference, June 2014.

“Builder of Men: The Civilian Conservation Corps and the Muscular State,” Organization of American Historians, April 2014.

“The Good Wife and Mother Does Not Understand: Federal Expertise and Authority in American Nutrition Science, 1880-1935,” Obesity, Health, and the Liberal Self, German Historical Institute, September 2013.

“To Investigate and Report: How the Children’s Bureau Became a Back-Door Policy Maker,” Policy History Conference, June 2012.

“The Advisory State: Physical Fitness through the Ad Council, 1955-1965,” American Historical Association, January 2012.

“Puny and Pudgy Privates: Measuring Draftees in WWII,” History of Science Society, November 2011.

“Lazy and Crazy: Physical Fitness Meets Psychology in Post-War America,” The Regimen of Bodily Health: Nourishment and Natural Knowledge, Institute for the History and Philosophy of Science and Technology at the University of Toronto, March 2011.

“Watchful Weighing: The Body Politics of Home Economics, 1920-1950,” Cornell University, Women’s History Month Series, March 2011.

“Through the Normal Channels: Food and Family in the New Deal,” Organization of American Historians, April 2010.

“Inventing the Hungry: Food Welfare in the New Deal Era,” Agriculture, Food and Human Values Society, May 2009.

### **Conference Panel Chair/Comment**

Leaky Body Politics: Public Health and Pelvic Health panel, panel chair, American Association for the History of Medicine, May 2025.

The AIDS Crisis in Texas panel, panel chair and comment, Texas State Historical Association, March 2021.

Concepts for a ‘Post-Industrial’ Society panel, panel chair and comment, Society for U.S. Intellectual History, November 2019.

Human Trafficking: Culture, Crime, and Creative Responses panel, panel chair and comment, University of North Texas, Body Place Identity conference, March 2019.

Women and Health Activism panel, panel chair, American Association for the History of Medicine, May 2018.

### **Teaching**

#### **Teaching Awards and Recognition**

2024-2025 Winner of the UNT Teacher Scholar Award, UNT Office of Research and Innovation

2022-2023 Winner of the J.H. Shelton Excellence in Teaching Award, UNT Faculty Senate

2020-2021 Career Connect High Impact Practices Faculty Development Grant, UNT

2018 UNT Athletics, Mean Green Faculty/Staff Spotlight

2018 Professor of the Month, Supplemental Instruction Program, UNT

2017 Grant, Course Design Institute, Center for Learning Enhancement, Assessment, and Redesign, UNT

2016 Grant, Course Design Institute, Center for Learning Enhancement, Assessment, and Redesign, UNT

#### **Courses Taught**

##### **Texas A&M**

Undergraduate:

HIST 374: The United States after World War II (Spring 2026)

HIST/WGST 476: Sex and Sexuality in History (Fall 2025)

Graduate:

HIST/WGST 618: Reading Seminar in Gender and Sexuality in History (Spring 2026)

##### **University of North Texas**

Undergraduate:

HIST 2620: U.S. History Since 1865

Fall 2014 (2 sections); Spring 2015 (3 sections); Fall 2015 (2 sections); Spring 2016 (2 sections);

Fall 2016 (2 sections); Spring 2017; Spring 2018; Fall 2018; Fall 2020 [online]; Spring 2021

[online]

HIST 2685: U.S. History Since 1865, Honors

Fall 2017; Fall 2018

HIST 3062: Women in America Since 1900

Fall 2014, Fall 2023, Fall 2024  
HIST 3407: Fitness Culture in the U.S. [online] [course creator]  
Summer 2020, 2021, 2022, 2023, 2024  
HIST 4260: Madness and Mental Health in Modern History [course creator]  
Fall 2021, Fall 2023  
HIST 4405: History of the Body in America [course creator]  
Spring 2016; Spring 2017; Spring 2018; Fall 2020 [online]; Fall 2022  
HIST 4406: Sickness and Health in U.S. History [course creator]  
Fall 2015; Fall 2016; Fall 2017; Spring 2021 [online]; Spring 2024  
HIST 4461: Gender, Race, Class and Policy in the U.S. Since WWII  
Spring 2023; Spring 2024

Graduate:

HIST 5110: Graduate Studies in 20th Century US Political History [course creator]  
Fall 2022  
HIST 6204: Graduate Seminar in 20th Century US Political History [course creator]  
Spring 2019; Fall 2021; Spring 2023

**Pennsylvania State University (Instructor of Record, courses between 2010-2014)**

HIST 021 and 021H: U.S. History Since 1877 (including an honors section)  
WMNST 100: Intro. to Women's Studies  
HIST/WMNST 117: Women in Modern History  
HIST/WMNST 116: History of American Sexuality  
HIST 302W: American Poverty and Welfare (Capstone Seminar)  
HIST 448: America in the Sixties

**Service**

**Texas A&M (Department of History)**

Member, Graduate Committee, 2025-Present  
Member, search committee for assistant professor position, TAMU, Department of History, 2025-2026

**Texas A&M (Women's and Gender Studies Program)**

Member, Advisory Committee, 2026-Present  
Member, Jameson Undergraduate Paper Prize Committee, 2025-2026

**Texas A&M (College of Arts and Sciences)**

Ad hoc reviewer for Doctoral Student Research, Travel, and Professional Development Awards, Spring 2026

**Service at the University of North Texas (2014-2025)**

Department Chair, UNT Department of History, January-July 2025.  
Associate Department Chair, UNT Department of History, 2024.  
Chair, Personnel Affairs Committee, Women's and Gender Studies Program, UNT, 2024-2025 (PAC member 2023-2025)  
Chair, Tenure Committee, UNT Department of History, 2022-2024.  
Elected member, Departmental Affairs Committee, UNT Department of History, 2022-2024.  
Excellence in Service Award, UNT Department of History, 2023  
Advisory Committee, Women's and Gender Studies Program, UNT, 2021-2023.  
Member, search committee for assistant professor position, UNT, Department of History, 2022-2023  
Chair, search committee for lecturer position, UNT, Women's and Gender Studies Program, 2022-2023  
Prize Committee, Scholarly and Creative Activity award, College of Liberal Arts and Social Sciences, 2022.

Member, search committee for lecturer position, UNT, Women's and Gender Studies Program, 2021-2022  
Elected member, Undergraduate Affairs Committee, UNT Department of History, 2017-2019, 2020-2021.  
Member, Ad hoc committee for Best Practices in the U.S. Survey, UNT Department of History, 2019-2020  
Member, Women's History Month Committee, UNT Department of History, 2014-present  
Committee has a rotating chair, I was the committee chair in 2015-2016, 2017-2018, 2022-2023  
Planning Committee, Post-War Faculty Colloquium, UNT, 2017-2022  
Member, Ad hoc committee for the Status of Women in History, UNT Department of History, 2019 – 2020.  
Member, search committee for assistant professor position, UNT, Department of History, 2018-2019  
Reviewer/judge for Texas Academy of Math and Science's Medical Society's Medical Humanities journal,  
*Stethoscope*, 2018-2019  
Member, Ad hoc committee for Promotion and Tenure policy revisions, UNT, Department of History, 2018.  
Member, Mentoring Group for Women in History, 2017-2018  
State Employee Charitable Campaign (SECC) Chair for the history department, 2016-2018

### **Committees and Leadership (service to the profession)**

Member, Outreach and Education Committee, American Association for the History of Medicine, 2025-present.  
Member, Osler Medal Committee, American Association for the History of Medicine, 2023-2025.  
Member, Nesbit Prize Committee, Southern Association for the History of Medicine and Science, 2021-2024  
(chair in 2023-2024).  
Advisory Board member, H-Nutrition, 2016-present  
Co-convenor, New Histories of Psychology working group, hosted by the Consortium for History of Science,  
Technology, and Medicine (CHSTM), 2021-2022.

### **Journal Manuscript Review**

- *Cultural History* (2020)
- *Fat Studies* (2018)
- *Journal of American Studies* (2016, 2022)
- *Journal of the History of the Behavioral Sciences* (2022)
- *The Journal of the Southern Association for the History of Medicine and Science* (2024)
- *Women's History Review* (2019)

### **Book Manuscript Review**

- Lexington Books (2017)
- Rutgers University Press (2018, 2020)
- University of California Press (2024)
- University of Chicago Press (2019, 2021, 2021, 2024)
- University of North Carolina Press (2022, 2023)
- University of Virginia Press (2022)

### **Faculty Mentorship (Formal)**

UNT Faculty Success Mentorship Program Mentor (2024-2025)  
Panelist, "Planning for the Summer," Early Career Faculty Learning Community, UNT Faculty Success, April 1,  
2025  
UNT Faculty Success Mentorship Program Mentor (2023-2024)  
Faculty Speed Mentoring, Work-Life Balance Mentor, Office of Faculty Success, October 7, 2024.

### **Media (Interviews and Profiles)**

Interview by Laura McLaws Helms, "Uncovering the History of Postpartum Depression," *Sighs and Whispers*,  
June 25, 2025. <https://laurakitty.substack.com/p/uncovering-the-history-of-postpartum>

Interview by Claire Zulkey, "What Little We Know About Postpartum Depression," *Evil Witches*, March 20, 2025. <https://www.evilwitches.com/p/what-little-we-know-about-postpartum>

Interview by Dr. Katayune Kaeni, *Mom and Mind* podcast, February 17, 2025. <https://open.spotify.com/episode/6l2uhi7tXQ9LfdQuKze5RH>

Interview by Katrina Anderson, *New Books Network* podcast (New Books in Women's History), January 2, 2025. <https://newbooksnetwork.com/blue>

Interview by Rachel Petroziello, "The Author's Corner with Rachel Louise Moran," October 10, 2024, *Current*, <https://currentpub.com/2024/10/10/the-authors-corner-with-rachel-louise-moran/>

Interview by Samantha Reaves, "A Chat with Dr. Rachel Louise Moran," October 8, 2024, *Postpartum Support International Blog*. <https://www.postpartum.net/blue-a-history-of-postpartum-depression-in-america/>

Interview by Kelly Pollock, "A History of Postpartum Depression in the United States," *Unsung History* podcast, September 30, 2024, <https://www.unsunghistorypodcast.com/postpartum-depression/>

Interview by Jess McAllen, "Beyond 'Baby Blues,'" *The Baffler*, October 2024, <https://thebaffler.com/latest/beyond-baby-blues-mcallen>

Interview by Joe Lombardo, "The Government and the Gains," *Scholars and Iron* podcast, July 14, 2020, <https://directory.libsyn.com/episode/index/show/scholarsandiron/id/15212351>

Interview by Patricia Martins Marcos, *New Books Network* podcast (New Books in Gender Studies), January 14, 2020, <https://newbooksnetwork.com/rachel-louise-moran-governing-bodies-american-politics-and-the-shaping-of-the-modern-physique-u-penn-press-2018>

Interview by Emily Contois, "How the "Advisory State" Shapes American Bodies and Politics: A Conversation with Rachel Louise Moran," *Nursing Clio*, December 1, 2018. <https://nursingclio.org/2018/12/13/how-the-advisory-state-shapes-american-bodies-and-politics-a-conversation-with-rachel-louise-moran>

Interview by Brian Balogh, Backstory with the American History Guys, Episode: "Beach Bodies: A History of American Physique," August 2012. <https://www.backstoryradio.org/shows/beach-bodies-2015/>

Interview, Journal of American History website. <http://www.podtrac.com/pts/redirect.mp3/jahpodcast.com/podcast/201103.mp3>